"How to kick a Q-Ball"

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What's a Q-Ball?

"Q-balls are nontopological solitons arising in field theories admitting a conserved charge Q, associated to continuous internal symmetry "

A soliton is a nonlinear and nondissipative solution of a field theory.

Noether charge ensures existence and stability.

Bound states of scalar particles, stable classical solutions carrying a rotating time dependent internal phase.

Why they studied them?

Interpretate Q as the baryon-number.

Q-balls are allowed in supersymmetric extensions of the SM.

(Stable) Q-balls, formed in the early universe, can contribute to its dark matter content.

Why I'm studying them?

Action resembling some limit of massive gravity theory.

Scalar field bound objects toy-model, like Oscillons, Boson stars, etc. but easier!

How to build a Q-Ball?

$${\cal S}\equiv\int d^4x\sqrt{-\eta}\left(rac{1}{2}\eta^{\mu
u}\partial_\mu\Phi\partial_
u\Phi^*+{\cal U}(|\Phi|^2)
ight)\,,$$

Considering the spherically symmetric ansatz: $\Phi(t, r) = e^{-i\Omega t}\Psi(r)$ and a nonlinear potential such as,

$${\cal U} = rac{1}{2} \mu^2 |\Phi|^2 - \lambda_4^2 |\Phi|^4 + \lambda_6^2 |\Phi|^6 \,,$$

- (i) The absolute minimum of \mathcal{U} is at $\Phi = 0$.
- (ii) There exists a $\Phi_c > 0$, such that,

$$0 \leq \min\left(2\mathcal{U}/|\Phi|^2\right) = 2\mathcal{U}_c/\Phi_c^2 < \mu^2\,.$$

Then, there exist bound-state nondissipative solutions which are absolute minima of the energy for fixed *Q*.

Equation of motion (EoM)

$$\partial_r^2 \Psi + \frac{2}{r} \partial_r \Psi + \left[\Omega^2 - 2 \mathcal{U}_2'(\Psi^2) \right] \Psi = 0 \,,$$



Example of Q-Ball profile



How to perturb a Q-Ball?

Hunt for modes

Assume a background and add small pertubations:

$$\Phi = \Phi_0 + \delta \Phi$$

Choose ansatzes:

$$\delta \Phi = \sum_{l,m} \int \frac{d\omega}{\sqrt{2\pi}} e^{-i\omega t} \frac{Z_1(r;\omega,l,m)}{r} Y_{lm}(\vartheta,\varphi),$$

$$\delta \Phi^* = \sum_{l,m} \int \frac{d\omega}{\sqrt{2\pi}} e^{-i(\omega-2\Omega)t} \frac{Z_2(r;\omega,l,m)}{r} Y_{lm}(\vartheta,\varphi),$$

Linearize the EoMs and choose boundary conditions

Solve the eigenmodes problem

$$Z'' + (\omega^2 - U(r))Z = 0$$

Coupling with a source

Equations of motion

$$\Box \Phi - 2\mathcal{U}_2' \Phi = T ,$$

$$\Box \Phi^* - 2\mathcal{U}_2' \Phi^* = T ,$$

In the thin-wall limit,

$$Z^{\prime\prime}+\left(\omega^2-rac{l(l+1)}{r^2}- ilde{\mu}^2
ight)Z=rac{2\,T_{lm}}{r}\,,$$

where the matter moments are:

$$r^{2}T = \sum_{lm} \int \frac{d\omega}{\sqrt{2\pi}} e^{-i\omega t} T_{lm} Y_{lm}(\vartheta, \varphi) \,.$$

Again, solve the eigenproblem (Green's functions etc.), but focusing on the field values!

How a Q-Ball radiates?

Flux of energy

Far away from the Q-Ball,

$$\frac{dE}{dt} = \lim_{r \to \infty} \left\{ r^2 \int d\vartheta d\varphi \sqrt{-\eta} \, T_t^r \right\},\,$$

where

$$T_{\mu\nu} = \partial_{(\mu} \Phi^* \partial_{\nu)} \Phi - rac{1}{2} \eta_{\mu\nu} \left[\partial_{\alpha} \Phi^* \partial^{\alpha} \Phi + \mathcal{U}(|\Phi|^2)
ight] \,.$$

Choose the setup:

- Circular orbits
- Radial infaling

and evaluate either the flux or the spectrum $\left(\frac{dE}{d\omega}\right)$.

Circular orbits

$$rac{dE}{dt} = rac{1}{4\pi}\sum_{I,m} \mathrm{sgn}\left(m\omega_0+\mu\right)m\omega_0\sqrt{(m\omega_0)^2-\mu^2}|Z_\infty|^2\,.$$



Radial infalling

$$\frac{dE}{d\omega} = \frac{1}{2} \sum_{l,m} \left[\text{sgn} \left(\omega + \mu \right) \omega \sqrt{\omega^2 - \mu^2} \right] |Z_{\infty}|^2 \,.$$



The waveform - time domain

$$\delta \Phi(t,r)_{l} = \mathsf{Re} \left[2 \int_{\mu+\varepsilon}^{+\infty} \frac{d\omega}{\sqrt{2\pi}} e^{-i\omega t} \frac{Z(r;\omega,l,0)}{2r} Y_{l0}(\vartheta,0) \right],$$



Summary

Analyzing Q-Balls:

- Building
- Perturbations
- Radiation

Q-Ball as a gym:

- to get results about scalar objects.
- to understand properties and behaviors of solitons.
- to study massive gravity (there's more to do).